How to... run good Meetings

Here are some top tips which can help your group to run a good meeting.









#### **1. Before the meeting**

- Write the Agenda and send it to everyone before the meeting. An Agenda is a list of the things you will talk about in the meeting.
- Make sure the information meets the access needs of the people who will at the meeting. This may include easy English, large print Braille and/or audio tapes

## **2. Put out the Welcome Mat**

- Make time for everyone to meet and chat before the meeting starts.
- Welcome everyone.
- Introduce any new people.
- Start the meeting with introductions ask each person if they would like to say a little bit about themselves including their passions and the issues they care about.
- Let everyone know it is Ok to ask questions in the meeting.
- Use simple language. No jargon.

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## 3. In the Meeting

- Read out each agenda item and explain the topic to be discussed.
- Make sure everyone gets a chance to have their say about each agenda item.
- Check that everyone understands what is happening.
- Include everyone when making a decision.
- Listen to each other.
- Make sure everyone feels they are treated well and respected.
- Make time for breaks.

#### 4. After the Meeting

- Everyone in the group should have a chance to say:
  - What was good about the meeting and what could be done better.
  - If they felt included and;
  - If they got to have their say and were listened to.

#### **For More Information**

Go to the Good Meetings Training Kit in the **Training and Tool Kits** section of the Australian Self Advocacy Website.

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